

अभिव्यक्ति (The Expression) (Monthly Online Newsletter)

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Mr. Adil Raja, Student, Session- 2023-25

Miss Anjali Singh, Student, Session- 2024-26

Mr. Subham Kumar Student, Session- 2024-26

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“We want that education by which character is formed, strength of mind is increased, the intellect is expanded and by which one can stand on one’s own feet.”

— Swami Vivekananda

Chairman's Message



Dr. Rajeshwar Pandey,

(College Newsletter – “Abhivyakti”)

It gives me great pride and happiness to know that **SB Pandey Sanatan Teachers' Training College, Rehla, Palamu** is bringing out its newsletter “**Abhivyakti**”. This publication provides a wonderful platform for our students and faculty to share their creativity, ideas, and achievements.

Education is the foundation for the progress of society, and teachers play the most vital role in shaping future generations. Our institution has always been committed to providing quality teacher education, nurturing talent, and developing moral and social values among our students.

Abhivyakti reflects the collective efforts, enthusiasm, and achievements of our college community. I am confident that this newsletter will continue to motivate everyone to strive for excellence in all spheres of life.

I extend my heartfelt congratulations to the editorial board, faculty, and students for their sincere efforts in making this publication a success.

Best Wishes,

Dr. Rajeshwar Pandey, Chairman, G.B.

Principal's Message



Dr. Ranju Prajapat

(College Newsletter – “Abhivyakti”)

It gives me immense pleasure to forward the newsletter “**Abhivyakti**” of our college, **SB Pandey Sanatan Teachers’ Training College, Rehla, Palamu**. The name *Abhivyakti* itself signifies “*Expression*” — a platform to express thoughts, creativity, and achievements. It provides our students, teachers, and staff an opportunity to showcase their talents and innovative ideas.

Education is not merely the process of acquiring knowledge but also a means of developing personality, creativity, and a sense of social responsibility. Through this newsletter, we aim to highlight the academic, cultural, and social endeavors of our college community.

I sincerely congratulate the editorial team, faculty members, and students for their dedication and hard work in bringing out this publication.

I firmly believe that “**Abhivyakti**” will continue to be a strong medium to reflect the vision, values, and vibrant spirit of our institution.

Best Wishes,

(Dr. Ranju Prajapati)

Principal

SB Pandey Sanatan Teachers’ Training College, Rehla, Palamu

Message from Chief Editor



Dr. (Mrs.) Sudha Singh

Dear Colleagues, Faculty and Future Teachers,

I am extremely happy to present the inaugural issue of ABHIVYAKTI (The Expression), the monthly online newsletter of the S. B. Pandey Teachers Training College, Rehala, Palamu. This is a modest leap in creating an invigorating academic atmosphere, particularly as we continue to empower and enable our HEI into a responsive, dynamic educational ecosystem dominant in a rural landscape.

‘The Expression’ is not just an array of contributed articles, it is like a mirror that reveals our ideas, imagination and intellectual experiences as future teachers. It provides us with a platform on which our ideas thrive, our voices are heard and we continue learning outside the classroom.

It is in a world of knowledge and innovation, where communication, reflection and teamwork are important, and that is what this newsletter will lead us towards much desired a much-desired transformational approach. The rural environment is not a challenge to us, it is an inspiration in the real sense. With an open-mindedness, honesty, and a strong connection with the community, we are all allowed to effect a tangible change in the grassroots education system.

Our way of lighting up these voices of change will be through ‘The Expression’. Substantial support of the entire editorial team, faculty and all the student writers is humbly acknowledged as they have contributed with their wisdom and creative skills and have exhibited enough passion to make this Institutional Newsletter into a reality within the given schedule.

I believe that the new initiative can become a vibrant knowledge-sharing, achievement-celebrating, and innovation-driven process in the field of teacher education. We must always remember that education is inherently impactful when it opens the eyes, arouses feelings and develops character. Hopefully, this newsletter will prove to be a milestone in an era of academic excellence and help us achieve substantive success during the forthcoming NAAC grading under the binary accreditation process.

~ From Chief Editor’s Desk

About the College

Welcome to S. B. Pandey Sanatan Teachers Training College

S. B. Pandey Sanatan Teachers Training College, Rehla, Palamu is recognized by the **Eastern Regional Committee (ERC)**, NCTE, Bhubaneswar vide letter no. [ERC/7-6.8/NCTE/B.Ed./2013/16111 Dated 05.02.2013](#) and is managed by **Rishikul Shaishanik Sansthan**.

The college offers a **Bachelor of Education (B.Ed.)** programme at the secondary level.

In the year **2025**, **S. B. Pandey Sanatan Teachers Training College** has been accredited with a **‘B’ Grade** by the **National Assessment and Accreditation Council (NAAC)**.

This recognition stands as a testament to the institution’s commitment to quality teacher education.

The college is affiliated with **Nilamber-Pitamber University**, the torchbearer for higher education in Jharkhand. We believe in aligning ourselves with the dynamic changes of the modern world and aim to prepare the young generation to meet emerging global challenges. Our mission is to promote equality of opportunity in a cross-cultural and diverse society.

The institution strives to inculcate human values, nurture human resources, and serve the neglected communities of Jharkhand—thus fulfilling our national obligation toward the development of our motherland. The long-felt need for a B.Ed. college to prepare competent and dedicated teachers for the coming generations is being fulfilled by this institution.

Rishikul Shaishanik Sansthan, through **S. B. Pandey Sanatan Teachers Training College**, is committed to bridging the gap between the rich and the poor by providing **quality education**. In the coming years, we aspire to empower our students to face the challenges of the world with confidence, knowledge, and integrity.

Vision & Mission

1. To become an academy of excellence in teachers' training and professional education.
2. To inculcate a holistic and quality-oriented teacher education programme through modern and innovative techniques in the teaching-learning process among student trainees.
3. **Rishikul Shaikshanik Sansthan**, through **S. B. Pandey Sanatan Teachers' Training College**, strives to bridge the gap between the rich and the poor by providing quality education that will enable students to face the serious challenges of the modern world in the years to come.
4. To prepare the young generation to meet the challenges of the new world and to ensure equal distribution of opportunities in a cross-cultural and diverse society.
5. To inculcate human values and promote human resource development by nurturing and educating the neglected communities of Jharkhand, thereby fulfilling the national obligation towards the progress of the motherland.

To build the necessary institutional and physical infrastructure, appoint qualified instructors, and offer high-quality training programmes leading to accredited B.Ed. degrees in accordance with NCTE and Nilamber-Pitamber University, Palamu standards.

The college also aims to undertake training programmes in alternative education, environmental education, population education, educational administration and management. It strives to promote economic, social, and moral values for peace and prosperity through teacher training programmes, peer collaboration, and community engagement.

Goals & Objectives

- i. To grow as a leading institution in the field of quality teacher education.
- ii. To cultivate a vibrant academic environment each year.
- iii. To ensure the overall personality development of student-teachers.
- iv. To promote and achieve all-round development of society.
- v. To prepare competent and committed teachers for quality teaching.
- vi. To contribute towards building an egalitarian and inclusive society.
- vii. To inculcate traditional and cultural values in the teaching-learning process.

EDUCATIONAL NEWS

INTERNATIONAL :

Julie Launches Campaign to Protect Children from Social Media

Melbourne: In a growing call for digital responsibility, **57-year-old Julie Ingraham**, an Australian citizen living in the United States, has launched a campaign to protect children from the harmful effects of social media platforms. Her initiative comes after the tragic death of her teenage son, **Grant**, who took his own life in 2020 due to severe mental distress allegedly linked to online content.

Julie, deeply affected by her son's death, has founded an awareness movement named "**Grant's Initiative.**" The campaign aims to encourage governments and parents to restrict children under **16 years of age** from accessing platforms such as **Instagram, TikTok, Snapchat, and YouTube.**

According to Julie, around **97 percent of Australia's population** uses the internet, and many children are exposed to content that negatively affects their mental health and self-esteem. She argues that social media companies must be held accountable for failing to protect young users from addictive and harmful algorithms.

In June this year, Julie included **YouTube** in her list of platforms responsible for promoting toxic and exploitative online behavior. She believes that stronger **government policies and parental awareness** are necessary to prevent further tragedies like her son's.

Julie's campaign has gained significant support from educators, psychologists, and parents across Australia and the United States. Many have joined her call for new **digital safety laws** to limit children's exposure to online manipulation and social pressure.

"This is not just my fight," Julie said at a recent event. "It's a movement to give every child a safer, healthier, and happier digital life."

Experts believe her campaign could mark the beginning of a new era of **responsible social media regulation**, ensuring that technology serves children's growth rather than harming it.

Reference, Dainik Bhaskar, Date: 12-10-2025

When Medicine and Technology Fail, Poetry Shows the Way – The Healing Vision of Dr. Kanwaljeet

New Delhi: For over four decades, **Dr. Kanwaljeet Singh**, a veteran critical care specialist, has witnessed thousands of serious medical cases and spent more than **30,000 hours** monitoring patients in intensive care units. Yet, amid all the advances in medicine and technology, he believes that sometimes it is **poetry, compassion, and humanity** that truly heal.

Speaking about his experiences, Dr. Kanwaljeet said, "When treatment, drugs, and technology fail, poetry shows a new path." According to him, medical science alone cannot always restore hope — it is the **power of words, emotions, and human connection** that gives patients the strength to fight.

In his long medical career, Dr. Kanwaljeet has found that the ICU is not only a place of machines and medicines but also a space where **empathy and emotional expression** can bring comfort. He often recites or writes poetry to help patients and families cope with fear and uncertainty. "Even a few kind words from a doctor can act like medicine," he shared.

Having treated critical cases and faced countless emotional moments, Dr. Kanwaljeet believes that the role of a doctor goes beyond curing diseases. "Our duty is not only to treat but also to **revive hope** within our patients," he said. "Humanity and sensitivity must go hand in hand with science."

Reflecting on tragedies like 9/11 and his years of experience in intensive care, Dr. Kanwaljeet emphasizes that medicine is as much an art as it is a science. Through his poetry, he continues to inspire both patients and healthcare professionals, reminding them that **healing is not just about survival — it is about restoring the human spirit.**

Dr. Kanwaljeet's philosophy offers a new perspective in the world of modern medicine — where compassion, creativity, and care become the true tools of healing.

Reference-, Time India, Date: 28-09-2025

NATIONAL:

15.6% Institutions Receive NAAC ‘A’ Grade; Students Urged to Choose Universities Based on Grading

New Delhi | Education Correspondent:

As the **Common University Entrance Test (CUET) 2026** application process is set to begin soon, experts have advised students to prioritize universities based on their **NAAC (National Assessment and Accreditation Council)** grades. The latest NAAC report has evaluated a large number of higher education institutions across India.

According to the data, **15.6% of institutions received an ‘A’ grade**, while the **largest share — 26.9% — fall under the ‘B’ grade**. Only **3.3% of institutions earned the prestigious ‘A++’ grade**. A total of **310 universities** and **2,825 colleges** were assessed.

Upcoming Changes in the Grading System

The NAAC grading system is soon expected to undergo major reforms. The new system will evaluate universities based on several parameters, including **CGPA, teaching-learning process, research, innovation, infrastructure, and student satisfaction**.

Under the proposed structure, institutions with better faculty, academic outcomes, and research output will receive higher grades, which could directly influence their rankings and student preference.

University-Level Focus on Research

Universities have been advised to strengthen their research output, publications, and collaborations. Institutions that perform better in research and academic quality are likely to achieve higher NAAC scores in upcoming assessments.

NAAC Grade-Wise Breakdown

Grade	Number of Institutions	Percentage
A++	152	3.3%
A+	825	17.6%
A	730	15.6%
B++	1520	26.9%
B+	1250	21.1%
B	899	15.7%

For Students: Why NAAC Grades Matter

Education experts recommend that students applying for universities in 2026 and beyond should check the institution’s NAAC grade before applying. These grades are an official indicator of **academic quality, infrastructure, faculty standards, and research performance**.

Choosing a university with an **A or A++ grade** could ensure better academic exposure and career opportunities.

Social Media Addiction Making Children Fall Behind in Studies

New York | Agency Report:

A new study has revealed that excessive use of social media is negatively affecting children’s academic performance, memory, and vocabulary skills. Researchers found that children addicted to platforms like **Instagram, Facebook, and Snapchat** are spending more time online and performing poorly in studies.

The long-term study analyzed data from **over 7,000 children aged 9 to 13 years** across 21 research centers. It showed that many children spend **around five hours daily on social media**, scrolling through feeds, watching content, checking notifications, and chatting online.

The research was conducted in **three phases (2016–2018, 2017–2019, and 2018–2020)**. Findings indicated that children who used social media the most scored the **lowest in memory, focus, and word-recognition tests**, while those who used it less achieved better scores.

Experts warn that social media addiction is harming children’s **mental development and learning ability**. They suggest that parents should **monitor screen time** and encourage kids to engage in reading, outdoor activities, and creative learning instead of excessive online browsing.

Reference- Hindustan, Date: 20-10-2025

Ranji Trophy: Jharkhand Defeats Two-Time Champion Tamil Nadu by an Innings and 114 Runs

Coimbatore | Sports Desk:

In a major upset during the first round of the Ranji Trophy season, **Jharkhand**, a team that has never reached the final before, stunned **two-time champions Tamil Nadu** by an innings and 114 runs.

Led by captain **Ishan Kishan**, who scored a brilliant **173 runs**, Jharkhand dominated the game completely. Kishan was named **Player of the Match** for his exceptional performance.

Meanwhile, in other matches, **Bengal** secured an easy win over **Uttarakhand** by 8 wickets, thanks to a superb bowling performance by **Mohammed Shami**, who took 7 wickets and was declared Player of the Match.

Mumbai, the 42-time Ranji champion, also began the season with a win, defeating **Jammu & Kashmir** by 35 runs.

Out of 19 matches in the first round, results have been declared for 10, while five ended in draws and one was washed out due to rain.

Reference- Hindustan, Date: 20-10-2025

Jharkhand Ranks Third in India for Single-Teacher Schools

New Delhi: According to the latest data, India has **1,04,125 schools** where only **one teacher** is responsible for the entire teaching and administrative workload. These schools cater to more than **33.7 lakh (3.37 million)** students across the country, highlighting a major gap in the nation's education system.

Among the states, **Madhya Pradesh** tops the list with **12,912 single-teacher schools**, followed by **Rajasthan** with **9,502**, and **Jharkhand** in third place with **9,172** such schools. Other states with a high number of single-teacher schools include **Uttarakhand (8,152)** and **Karnataka (7,349)**.

The problem is particularly serious in Jharkhand, where over **2.29 lakh students** are enrolled in these schools with only one teacher managing all subjects and administrative duties. In Uttar Pradesh, the figure stands even higher at **6.24 lakh students**, followed by Rajasthan with **4.36 lakh**, and Madhya Pradesh with **2.35 lakh** students.

States like **Andhra Pradesh, Assam, Odisha, Chhattisgarh, Maharashtra**, and **Tamil Nadu** also continue to face similar challenges in rural and remote areas.

In contrast, the situation is much better in **Chandigarh** and **Delhi**, where the ratio of students to teachers is more balanced, ensuring better classroom management and learning outcomes.

Education experts say the growing number of single-teacher schools points to a **critical shortage of teaching staff** and highlights the urgent need for **policy intervention**. Managing all classes, multiple subjects, and administrative responsibilities alone affects the **quality of education** and **student performance**, especially in rural India.

They emphasize that filling vacant teaching posts and ensuring adequate staff distribution must become a **top priority** to strengthen the foundation of India's school education system.

Reference- Hindustan, Date: 09-10-2025

COLLEGE

Successful Organization of Vigilance Program and Co-Curricular Activities at SB Pandey Sanatan Teachers Training College, Rehla under NCTE Guidelines

Rehla (Garhwa Road): SB Pandey Sanatan Teachers Training College, Rehla successfully organized a **Vigilance Awareness Program** in the month of **October 2025**, in accordance with the guidelines of the **National Council for Teacher Education (NCTE)**. Along with this, the institution conducted various **co-curricular activities**, including a *Swachhata Abhiyan*, *Plantation Competition*, and *Nukkad Natak (Street Play)*. Students participated in these events with enthusiasm, responsibility, and a spirit of active citizenship.

★ Key Highlights of the Program

1. Swachhata Abhiyan (Cleanliness Drive)

A campus-wide cleanliness drive was conducted, where students, teachers, and staff actively participated. The initiative emphasized the importance of cleanliness and environmental hygiene, with a collective pledge to keep the campus *clean, green, and beautiful*.

2. Plantation Competition

To promote environmental conservation and ecological balance, a plantation competition was organized. Students not only planted saplings but also took responsibility for their long-term care. This activity contributed to enhancing greenery and environmental aesthetics within the campus.

3. Nukkad Natak (Street Play)

Impactful street plays were performed by student groups on themes such as anti-corruption, honesty, transparency, and the elimination of social evils. The performances delivered strong messages of moral responsibility, social awareness, and integrity in a simple yet powerful manner.

★ Objective and Educational Impact

The primary aim of the Vigilance Awareness Program was to develop among students:

- ✓ **Moral and Ethical Values**
- ✓ **Social Awareness**
- ✓ **Environmental Responsibility**
- ✓ **Active Citizenship**

The program reinforced that **vigilance is not merely about rule-compliance**, but a foundation of responsible behavior, ethical conduct, and social commitment in everyday life.

★ Message from the College Management

The Principal/Director of the college appreciated the participants and stated—

“SB Pandey Sanatan Teachers Training College is committed to preparing teachers who are not only academically competent but also socially aware, environmentally responsible, and grounded in strong moral values. This Vigilance Program reflects NCTE’s holistic educational vision and our dedication to value-based teacher education.”

The event highlighted the institution’s continuous commitment to **quality education, transparency, ethical practices, and social responsibility.**

SB Pandey Sanatan Teachers Training College, Rehla (Garhwa Road)

✦ **IMPORTANT NOTICE | JCECEB B.Ed. Counselling (2nd, 3rd & 4th/Final Round) – Admission Started**

🔊 **Very Important Announcement**

All successful candidates who have been **allotted seats** at *SB Pandey Sanatan Teachers Training College, Rehla* through the **2nd, 3rd and 4th (Final) Round of JCECEB B.Ed. Counselling** are hereby informed that the **Admission/Reporting process has commenced at the college.**

Candidates must **personally report to the college** and complete the **Document Verification and Admission Formalities within the Last Date mentioned in their respective Seat Allotment Letter.**

✦ **IMPORTANT DATES**

Counselling Round	Last Date for Reporting/Admission at College
2nd Round	As per JCECEB Schedule
3rd Round	As per JCECEB Schedule
4th / Final Round	As per JCECEB Schedule

⊖ **Note:** *No admission will be accepted after the last date under any circumstances.*

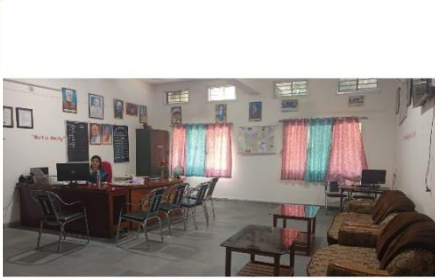
✦ **DOCUMENTS REQUIRED (Original + 2 Xerox Copies)**

- JCECEB Provisional Seat Allotment Letter
- JCECEB B.Ed. Entrance Score Card / Rank Card
- 10th Marksheet & Certificate
- 12th Marksheet & Certificate
- Graduation Marksheet & Certificate
- Post Graduation Marksheet & Certificate (if applicable)
- Residential & Caste Certificate (as per government norms)
- Character Certificate
- Aadhaar Card (Photocopy)
- Passport Size Photographs (05)
- Migration Certificate
- Anti-Ragging Affidavit (if required)

📞 **CONTACT FOR ADMISSION SUPPORT**

Admission Cell
SB Pandey Sanatan Teachers Training College, Rehla (Garhwa Road)

Infrastructure



Principal Office



Psychology Lab



Mathematics Laboratory



Smart Class



Science Lab



Reception



Playground



Class Room



ART & CRAFT lab



Library



ICT Lab

Initiative to Establish NSS Unit at S.B. Pandey Sanatan Teachers' Training College, Rehla

Rehla/Palamu: With the vision of nurturing socially responsible citizens and instilling the spirit of *service, commitment, and nation-building* among students, **S.B. Pandey Sanatan Teachers' Training College, Rehla** has taken a significant step toward establishing a **National Service Scheme (NSS)** unit on its campus. In this regard, the college management has formally submitted a proposal to **Nilamber-Pitamber University** seeking approval to initiate the NSS Unit.

A Step Towards Social Responsibility and Nation-Building

The institution firmly believes that **education is meaningful only when it inspires students to serve society and contribute to the nation's progress**. For prospective teachers, this responsibility is even greater, as teachers are not only knowledge providers but also *social architects and change makers*.

Through the NSS Unit, students will be encouraged to participate in impactful community-oriented activities such as:

- Cleanliness drives, tree plantation, and environmental awareness
- Literacy campaigns, women empowerment initiatives, and anti-addiction awareness
- Rural development programs, health camps, and community surveys
- Disaster management, relief assistance, and humanitarian outreach
- Voter awareness, traffic awareness, and leadership programmes

These activities will help students develop:

Leadership qualities, teamwork, discipline, empathy, social awareness, problem-solving abilities, personality development, and a lifelong spirit of service.

Experiential Learning Through Camps and Field Activities

Once the NSS Unit is established, students will get the opportunity to participate in:

- **One-Day Camps**, and
- **Seven-Day Special Camps** (especially in adopted villages)

These camps will provide practical exposure to real grassroots issues, enabling students to:

- Understand rural life closely
- Work for community upliftment
- Find practical solutions to local challenges

Such experiences will contribute to shaping them into **sensitive, reflective, and responsible teachers** in the future.

College Management's Vision and Expectations

The Principal/Secretary of the college stated:

"Our goal is not only to educate but to build responsible citizens who can lead and serve society with dedication. Through NSS, our students will move from 'self-interest' to 'social interest' and contribute meaningfully to community welfare."

The college management is **hopeful for early approval** from the university. As soon as permission is granted, the college plans to launch **structured, result-oriented, and continuous NSS activities** on campus and in the surrounding community.

Towards a New Identity of Service and Excellence

The institution is confident that the establishment of the NSS Unit will enable **S.B. Pandey Sanatan Teachers' Training College, Rehla** to set a *positive benchmark* in the fields of:

- Social awareness
- Community engagement
- Nation-building
- Educational excellence
- And value-based teacher education

• Sports Calendar 2025-2026:



S.B. PANDEY SANATAN TEACHERS TRAINING COLLEGE,

Rehla, Palamu, Jharkhad



Proposed Sports Activity Calendar 2025-26 (July-2025 to June 2026)

Sl.No.	Name Of Month	Date	Game
1	July		
2	August		
3	September		
4	October		
5	November	03-11-25 to 06-11-25	Badminton
6	December	04-12-25 to 06-12-25	Kabaddi
7	January	05-01-26 to 09-01-26	Cricket
8	February	23-02-26 to 26-02-26	Football
9	March	09-03-26 to 12-03-26	Thro Ball
10	April	27-04-26 to 20-04-26	Kho-Kho
12	May	04-05-26 to 07-05-26	Basket Ball
12	June		

Signature

Principal
S.B. Pandey Sanatan
Teachers Training College
Rehla, Palamu-Jharkhad

• Call for Book Chapter:

CALL FOR BOOK CHAPTER (Book proposed with ISBN)

Bhartiya Gyan Parampara (Indian Knowledge System/IKS)

About the Book (Proposed)

The rich heritage of ancient and external Indian Knowledge and thought has been a guiding light for NEP-2020. Promotion of Indian languages, Arts and Culture has been recommended for the integration of Bhartiya Gyan Parampara (Indian Knowledge System/IKS) into curriculum at all levels. A book on this topic is an academic initiative of S B Pandey Sanatan Teachers' Training College, Rehla sponsored through Sanatan Group of Education (under Rishikul Shaikshanik Sansthan). It aims to provide a platform for insightful contributed selected chapters on the topic by the invited authors in order to enlighten the younger generation of students and faculties to appreciate the landscape of our ancient educational prowess. Authors are requested to align to the following broader suggested central themes;

Proposed Chapters must reflect on either of the themes:

1. NEP-2020 & Bhartiya Gyan Parampara, IKS
2. Overview of IKS
3. Indian and the World
4. Indian Science & Technology
5. Indian Economics & Business Models
6. Ancient Indian Art & Architecture
7. Mathematics in India: from Vedic period to modern times
8. Basics of Indian Astronomy
9. Development of Indian Astronomy
10. Innovations with Tradition (Parampara)
11. Re-inventing Teacher Education in the NEP-2020 & IKS perspective

Important Dates

Abstract Submission: 29th October 2025 (Wednesday)

Acceptance Notification: 31st October 2025 (Friday)

Full-length Chapter Submission: 14th November 2025 (Friday)

Submission Guidelines

1. (a) Submitted manuscripts have not been previously published or submitted for publication.
- (b) All authors have to sign the Author's Agreement Form to clarify their role in the chapter submission and assume all responsibilities arising thereof.
2. Chapter Title, Author(s) names with their affiliation, abstract, summary (300–500 words) should be submitted to: bksbpssttc@gmail.com

Important Instructions to Authors

1. Format & Style: All book chapters must be typed in A4 size (font size 12) in 1.5 space in single column with at least one-inch margin on all sides. Author/Authors should submit single MS-word file which must contain the following:

- Chapter Title
- Author Name & Designation, Phone No. & Email
- Abstract & Keywords (4–6)
- Introduction
- Chapter Content
- References / Bibliography
- Pages should be within 10-25

2. Language: English / Hindi / Sanskrit

3. Plagiarism: Should be below 25% (NNGSTTC observes a strict anti-plagiarism policy)

4. Acknowledgements (wherever applicable)

5. References: References to the literature cited for the manuscript should be numbered in order of appearance at the manuscript and cited in the text with superscript numbers. The reference number should follow the following:

- For Journals Format: Author(s) of article (Surname initials), Title of the manuscript, Journal Title, Year of publication, Volume number (issue no), Page numbers.
- For Books & other Monograph format: Author AB, Author BB, Author CC, Title of the Book, Edition, Volume, Publisher, City, Year, Page Numbers.
- For Patent Reference: Paged as AC, inventor....., assignee....., Title, Country....., Patent No....., Year.....
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Editorial/Review Procedure

After successful submission of manuscript by the author it is forwarded to the Set of suitable external evaluators/peer reviewers. The report of the reviewer will be considered strictly before accepting/rejecting the manuscripts, but the ultimate responsibility for acceptance or rejection lies with the Editorial Board / Chief Editor / Executive Director (Publications) of Sanatan Group of Education, Ranchi Jharkhand (INDIA).

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Sanatan Group of Education



FACULTY CORNER



Mr. Sanjeev Kumar Pandey ,
IQAC Coordinator,
SBPSTTC, Rehla Palamu

IQAC (Internal Quality Assurance Cell)

कॉलेजों में शिक्षा और प्रशासन की गुणवत्ता को सुनिश्चित करने और सुधारने के लिए काम करता है। इसका मुख्य उद्देश्य संस्थान में एक गुणवत्ता-संस्कृति विकसित करना और इसे बनाए रखना है। IQAC के कार्य इस प्रकार हैं:

गुणवत्ता मानकों का विकास और अनुप्रयोग:

शैक्षणिक और प्रशासनिक गतिविधियों के लिए गुणवत्ता मानदंड तैयार करना और लागू करना ।

शिक्षण और अधिगम में सुधार:

- छात्र-केंद्रित शिक्षण वातावरण तैयार करना।
- शिक्षकों को नई तकनीकों और ज्ञान को अपनाने में मदद करना ।

डॉक्यूमेंटेशन और रिपोर्टिंग:

- वार्षिक गुणवत्ता आश्वासन रिपोर्ट तैयार करना और NAAC को जमा करना।
- विभिन्न गुणवत्ता-संबंधी गतिविधियों का दस्तावेजीकरण ।

कार्यशालाएं और सेमिनार आयोजित करना:

- गुणवत्ता-संबंधी विषयों पर कार्यशालाएं और सेमिनार आयोजित करना।
- छात्रों और शिक्षकों के लिए प्रशिक्षण कार्यक्रम ।

प्रतिक्रिया तंत्र :

- छात्रों, अभिभावकों और अन्य कल्याणकारियों से फीडबैक लेना और इसे सुधारात्मक कार्रवाई में उपयोग करना ।

नवाचार और अनुसंधान को बढ़ावा देना:

- अन्वेषण और विकास को प्रोत्साहित करना।
- परियोजना-आधारित और सेवा-आधारित शिक्षा को बढ़ावा देना ।

संस्थान के कामकाज में पारदर्शिता और सुधार:

- विभागों के बीच बेहतर समन्वय सुनिश्चित करना।
- आधुनिक शिक्षण विधियों का एकीकरण और क्रियान्वयन ।

सर्वोत्तम प्रथाओं का प्रचार:

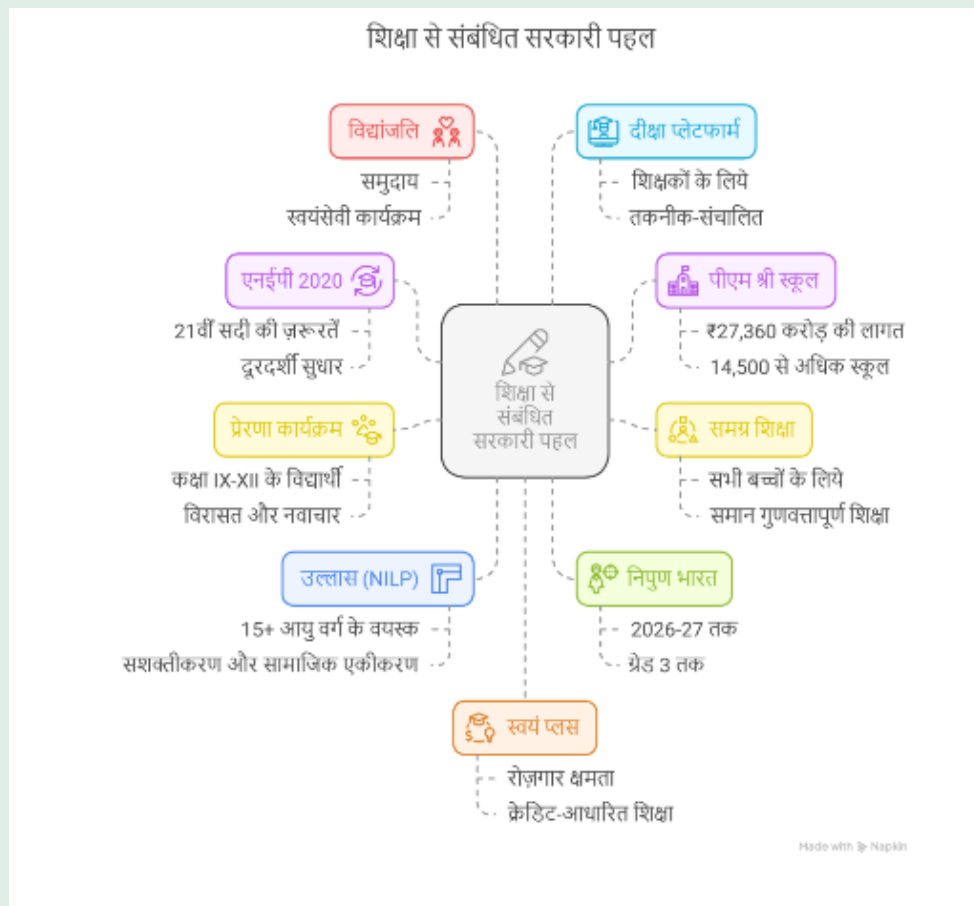
- संस्थान और अन्य संस्थानों के बीच सर्वोत्तम प्रथाओं को साझा करना और अपनाना ।

IQAC का मुख्य उद्देश्य यह सुनिश्चित करना है कि कॉलेज में सभी कार्य कुशलता और गुणवत्ता के साथ पूरे हों, जिससे छात्रों और शिक्षकों को एक बेहतर शैक्षणिक अनुभव मिल सके।

Name – Mr. Sanjeev Kumar Pandey (IQAC Coordinator)
S.B.Pandey Sanatan Teachers Training College, Rehla



Mrs. Garima Yadav,
Asst. Prof. SBPSTTC



भारत की शिक्षा प्रणाली एक महत्वपूर्ण मोड़ पर है, जहाँ डिजिटल प्रगति और नीतिगत सुधार आशाजनक हैं, लेकिन गहरी चुनौतियाँ बनी हुई हैं। रटकर सीखने और शिक्षकों की कमी से लेकर असमानता और बुनियादी ढाँचे की कमियाँ तक के मुद्दों को हल करने के लिये प्रणालीगत बदलाव आवश्यक है। नवाचार, समावेशन और कौशलआधारित शिक्षा का उपयोग करके एक लचीला, भविष्य के लिये तैयार भारत विकसित किया जा सकता है। आगे का मार्ग "नवोन्मेषनवाचार = नवोन्मेष" (और उत्थान की भावना से निर्देशित होना चाहिये)।

STUDENT CORNER



Shivani
Kashyap
B.Ed. -2024-
26(Sem-II)

Women Empowerment

Women Empowerment means giving equal rights to Women. Girls should get the same Education as boys. Women can work in offices, schools, and even become doctors or engineers. A strong woman can help her family and society, grow. Women should feel safe at home, school, and work.

Everyone should respect and support Women. Women have the right to make their own decisions. Many women have become leaders, scientists and astronauts. Women should believe in themselves and follow their dreams. Women empowerment is the process that create power in women to live a happy and respected life in society. Women empowerment is the most critical point for the overall development of a country. And the one quotes also mentioned here that are:-
"A woman is like a tea-bag - you can't tell how strong she is until you put her in hot water!"

Thank you !!



Name:- Shivani Kashyap
Department:- B.ED
(Sem -2)



Anjali
Kumari
B.Ed. -2024-
26 (Sem-II)



“मुझको उनकी ही,
जो सीढ़ियों से छत पर जाते हो,
हमें तो चौद पर जाना है,
सीढ़ियों ही क्या, रॉकेट खुद बनाता है।”

Name:- Anjali Singh.
Session:- 2024-26
Roll no:- 1139



Archana
Kumari
B.Ed. -2024-
26 (Sem-II)

धैर्य
 धैर्य का अर्थ है शांति के साथ सही समय
 की प्रतीक्षा करना, ठीक वैसे ही जैसे श्री
 कृष्ण ने महाभारत युद्ध के दौरान किया था।
 उनका जीवन हमें सिखाता है कि कौन
 सा जीवन में परित्याग प्राप्त नहीं मिलने,
 लेकिन धैर्य रखने वाली की सफलता
 अवश्य मिलती है।

जब मुझमें उनके पास आए, तब श्री कृष्ण ने
 धैर्य के साथ उनका आग्रह किया, जिससे
 एक सच्चे मित्र का कर्तव्य सामने आया।



Archana Kumari
 Session:- 2024-2026
 Roll No:- 1118



Gunjan roy
choychari
B.Ed. -2024-
26 (Sem-II)

Importance of Education

"Education is the key to joy and prosperity and is the weapon of manifestation within a person". Yes it is truly said if we have education by our side then no defeat or challenge can look deep into our eyes. Education makes the society, the citizens of the society enriched and free from superstitions.

In this way our society will become free from all the evils and impurities. Education is important for all but according to me it is very much important to make our girls educated, then only we can visualise an enlightened society.

So, be educated and provide education as it is the need of the time.

Name - Gunjan Roychoudhary
 Session - 2024 - 2026
 Roll No. - 1101
 Class - B.Ed 1st year,
 2nd Sem

ACTIVITY GALLERY

Date

• 10-10-2025

Activity

• Essay Writing Competition

Venue

• College Campus



Date

• 10-10-2025

Activity

• Cleanliness Awareness Campaign

Venue

• College Campus



Date

• 09-10-2025

Activity

• Plantation

Venue

• College Campus



Date

• 13-10-2025

Activity

• Street drama on Cleanliness

Venue

• Nearest Hanuman Mandir Men road rehla



Date

• 13-10-2025

Activity

• Rally on Cleanliness

Venue

• Campus to Nearest Hanuman Mandir Men road rehla



Date

• 13-10-2025

Activity

• Debate Competitions

Venue

• Campus



Contact



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